

Food Composition Databases Across the Globe: An Overview

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IUNS 21ST INTERNATIONAL CONGRESS OF NUTRITION BUENOS AIRES 15-20 OCTOBER 2017



Disclosure Statement

In the interest of full disclosure, the ILSI Crop Composition Database, which will be discussed during this presentation, receives financial support from CropLife International.



Introduction

International, regional and national organizations, particularly governments, have developed food composition databases or tables (FCDBs) to provide information about the nutritional composition of foods relevant to a country or region.

FAO/INFOODS

• 18 Regional and Sub-Regional Data Centers

Most FCDBs and tables are in the public domain however there are some subscription databases as well *e.g.*, EuroFIR AISBL, Nutritionix

ILSI Research Foundation's efforts related LSI to compositional data

World Nutrient Databases for Dietary Studies (WNDDS)

ILSI Crop Composition Database (ILSI CCDB)

World Nutrient Databases for Dietary Studies (WNDDS)



An online resource of information about country, regional and international food composition databases and tables

Serves to aide users in their initial assessment of the scope and depth of nutritional composition data available for certain countries and regions



90 Food Composition Databases and Tables



92 Countries



24 Food Classifications





What is WNDDS?

Allows for assessment of available food composition data across national, regional, and international databases and tables Query for specific indicators including • Descriptive information • Food classifications/groups • Nutrients	Does not contain compositional data from databases or tables Does not provide for in-depth analyses of existing data e.g., some indicators are binary
Presents findings in multiple formats	



How was WNDDS developed?

ILSI Research Foundation staff compiled information about FCDBs utilizing publicly available resources

FCDB managers confirmed information and/or provided additional information

Information translated to a userfriendly interface

Two rounds betatesting and improvements User's Guide to the World Nutrient Databases for Dietary Studies (WNDDS)



About WNDDS

Food composition data have many uses, including evaluating nutritional variation of plants and foods, analyzing relationships between nutrient intake and disease, and establishing dietary guidelines.¹ Food composition data are generated through various methods including analytical measurements, calculations, and imputations. Many national and regional organizations, particularly governments, have developed their own food composition databases or tables (collectively abbreviated herein as FCDB) to provide information about the nutritional composition of foods relevant to a country or region. To facilitate easy access to these important resources, the ILSI Research Foundation has compiled a catalogue of publicly available databases and tables.

The **World Nutrient Databases for Dietary Studies (WNDDS)** is displayed as an interactive map that enables users to explore, analyze and filter 90 FCDBs from 92 countries and regions. WNDDS is meant to be a starting platform for users to learn about available food composition databases and tables to determine which may suit their needs. WNDDS provides hyperlinks to direct the user to the source databases and tables (when available).

Details about how the information compiled in WNDDS was collected are provided below. For any questions or comments about WNDDS, please feel free to contact the ILSI Research Foundation at <u>WNDDS@ilst.org</u> for more information.

Users of WNDDS

WNDDS was designed with researchers, dietitians, students, government officials, and database managers in mind. It serves to aide users in their initial assessment of the scope and depth of nutritional composition data available for certain countries and regions.

Features

- 90 Food Composition Databases and Tables
- 92 Countries and Regions
- 24 Food Classifications
- 39 Nutrients

Methods

The information in WNDDS was obtained through a systematic review of accessible databases and tables. Each database and table was initially screened for information related to the categories and subcategories described below. After the initial review process, managers of the databases and tables were contacted to share the project goals, the scope of the information being collected, and provide any additional information that might be helpful for users. If a manager of a database or table couldn't be identified to



ilsirf.org/resources/databases/wndds/



International and Regional Databases

- ASEAN FOODS
- EuroFIR
- FAO/INFOODS Analytical Food Composition Database
- FAO/INFOODS Density Database
- FAO/INFOODS Foods Composition Database for Biodiversity
- Food Composition Tables of the Near East
- Label Insight
- Nutritionix
- Souci Fachmann and Kraut Online
- Souci Fachmann and Kraut Table
- Tabla de composion de alimentos de Centroamerica
- West African Food Composition Tables



An example

A graduate student is looking for existing national-level food composition data for animal-sourced proteins, specifically meat, and key micronutrients, specifically iron, in Sub-Saharan Africa.







Research Foundation







Next steps with WNDDS

Continue to improve the user interface

Update 2x per year

WNDDS is a work in progress, and feedback or partnerships to improve this resource are very welcome!

ILSI Crop Composition Database



Provides analytical data about the natural variability of crop composition (nutrients and anti-nutrients) of conventional crop varieties

Data uses:

- Assessment of natural variation
- Nutritional studies
- Nutritional components of interest for breeding





CCDB Development

Version	Year of Release	Features
1	2003	Corn, soybean
2	2004	Additional data for corn, soybean New crop: cotton
3	2006	Additional data for corn, soybean, cotton
4	2010	New platform (functionality, speed, efficiency) Multiple units of measure Improved reporting output
5	2014	Additional data for field corn, soybean, cotton New crops: canola, rice, sweet corn 7-fold increase in overall data
6	2016	Additional data for field corn, soybean, cotton, canola New crops: potato, sorghum



Data acceptance criteria

Production of Samples

• Known field trials (plot location, region, country), agronomic (seeding and harvesting date) and genetic data i.e. variety name

Sample Collection

- Composite sample from representative plants from one plot
- Adequate storage to ensure no nutrient degradation
- Known sample chain of custody of the samples from harvest to analysis including storage conditions, must be known (traceability)

Sample Analysis

- Samples analyzed within 12 months
- Analyses by accredited/certified/experienced laboratories, and analyses done with validated methods and certified/historically verified standards



Data acceptance criteria (cont'd)

Data

- One data point is from the analysis of a single composite sample
- Data provider must retain the records and data after submission to the database
- Outlier test is performed on all submitted data before publication, and potential outliers must be evaluated and verified

Auditing and Archiving of the Data

• ILSI Research Foundation has the right to audit any data provider to ensure that the requisite raw data are available (ensure traceability)

Submission of Data

 Organizations interested in submitting data to the database may contact ILSI Research Foundation to determine if their data meet the criteria for submission



Determining what to analyze

OECD Working Group on the Safety of Novel Foods and Feeds

Science-based consensus documents that compile information and data on the nutrients, anti-nutrients and toxicants of organisms (primarily plants) used for food or feed

Each document has a section that specifically explains the plant material and the components that should be analyzed for new varieties.

	Unclassified	ENV/JM/MONO(2016)38
9»	Organisation de Coopération et de Développement Économiques Organisation for Economic Co-operation and Development	03-Nev-2016
ENV/JM/MONO(2016)	ENVIRONMENT DIRECTORATE JOINT MEETING OF THE CHEMICALS COMMITTEE AND THE WORKING PARTY ON CHEMICALS, PESTICIDES AND BIO Cancels & replaces the same document of 83 A	English - Or. English DTECHNOLOGY agent 2016
38	REVISED CONSENSES DOCUMENT ON COMPOSITIONAL CON VARIETIES OF RICE (Oryza sativa): KEY FOOD AND FEED NET OTHER CONSTITUENTS Series on the Safety of Novel Foods and Feeds No. 28	SIDERATIONS FOR NEW RIEVTS, ANTI-NUTRIENTS AND
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CCDB includes 195 compositional components

- Amino Acids
- Bio-Actives
- Carbohydrates
- Fatty acids
- Fiber
- Glucosinolates
- Minerals
- Phospholipids
- Proximates
- Vitamins
- Other metabolites

> 972,000 data points \rightarrow 19 countries \rightarrow 20+ years (1995-2017)



USA

61%



canola, cotton, field corn, potato, rice, sorghum, sweet corn, soybean



Example cost of analyses

Samples of paddy rice (*i.e.*, grain) and straw were collected from three replicated blocks of rice grown at four locations in the Philippines during two growing seasons (wet season 2015 and dry season 2016).

In addition to straw and grain, composite samples of rice bran were tested to ensure they met the quality standards for protein.

Analytes tested as per OECD's Revised Consensus Document on Compositional Considerations for New Varieties of Rice (Oryza sativa): Key Food and Feed Nutrients, Anti-nutrients and other Constituents (2016)

100 samples tested: \$97,500 (non-GLP)





Home Database Search Terms of Use Contact Us

Search Crop Composition Database v6.0

The first step in searching the Crop Composition Database is to	Crop Source / Crop Type / Tissue Type	Hel
select your primary search criteria to filter the data sets.	Crop Type Tissue Type Choose One V	~
You must select one Crop Type and one Tissue Type. You can further	Crop Year	Hel
niter your results by optionally choosing one or more Crop Years, and Locations.	Crop Year(s) All Years	
To select contiguous items, press the Shift key and highlight the items. To select more then one non-contiguous tem, hold the Control key and click	2015 2014 2013	
on the selected items.	Location	Hel
If you make no selections other than Crop Type and Tissue Type, all data sets for the chosen Crop-Tissue selection will be included.	Country(s) Region(s) All Countries AFGHANISTAN ALAND ISLANDS ALBANIA ALGERIA	~

View Summary of Search Results > BY SUBMITTING SEARCH, YOU AGREE TO THE TERMS OF USE

www.ilsirf.org

www.cropcomposition.org

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Research Foundation

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Amino Acids	-	-	-	-	-	-
Bio Actives	-	-	-	-	-	-
Carbohydrates	-	-	-	-	-	-
Fatty Acids	-	-	-	-	-	-
☑ Fiber	-	-	-	-	-	-
	Acid Detergent Fiber	6591(0 <loq)< td=""><td>1.41</td><td>11.34</td><td>3.71</td><td>% DW</td></loq)<>	1.41	11.34	3.71	% DW
	Crude Fiber	1779(0 <loq)< td=""><td>0.49</td><td>3.66</td><td>2.55</td><td>% DW</td></loq)<>	0.49	3.66	2.55	% DW
	Neutral Detergent Fiber	6590(0 <loq)< td=""><td>4.28</td><td>22.64</td><td>10.30</td><td>% DW</td></loq)<>	4.28	22.64	10.30	% DW
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Minerals	-	-	-	-	-	-
Other Metabolites	-	-	-	-	-	-
Proximates	-	-	-	-	-	-
Uitamins	-	-	-	-	-	-

Help

< Revise Query Filters New Query Report Options >

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Results matching your query criteria

Query Summary

result set.

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Crop Type:	Com - Field - Malze - Zea mays
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Analyte

Acid Delergent Fiber

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1779(0<LOQ) 0.49 3.66

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Query Criteria

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Output Report: Summarized Data

Summary Report								
Query Criteria: Crop Type is Corn - Field - Maize - Zea mays Tissue Type is Forage								
Analyte Type	Analyte	Minimum Value	Maximum Value	Mean Value	Number of Samples	Samples Below LOQ	Unit of Measure	
Fiber	Acid Detergent Fiber	9.90	47.39	25.85	4,710	0	% DW	
Fiber	Crude Fiber	15.1	30.1	23.0	147	0	% DW	
Fiber	Neutral Detergent Fiber	20.29	67.80	42.16	4,710	0	% DW	
Fiber	Total Dietary Fiber	35.88	62.83	49.49	130	0	% DW	
Minerals	Calcium	0.06	0.58	0.19	4,244	0	% DW	
Minerals	Phosphorus	0.07	0.44	0.20	4,244	0	% DW	
Proximates	Ash	0.66	13.20	4.28	5,030	0	% DW	
Proximates	Carbohydrate By Calculation	73.3	92.9	86.0	4,611	0	% DW	
Proximates	Crude Fat	0.296	6.755	2.092	4,611	24	% DW	
Proximates	Crude Protein	3.14	16.32	7.68	4,611	0	% DW	
Proximates	Moisture	48.8	87.6	70.2	5,030	0	% FW	



Output Report: Detailed Data

1	А	В	С	D	E	F
1	Detailed Report					
2	ILSI CCDB Version 6.0					
3	Generated at 01/17/2017 01:19 PM Eastern Standard Time					
4	Analyte	Crop Year	Region	Analysis Method	Value	Units
5	Acid Detergent Fiber	1997	ILLINOIS	FB0008-USDA Agriculture Handbook No. 379 (1970)	20.8	% DW
6	Acid Detergent Fiber	1997	ILLINOIS	FB0008-USDA Agriculture Handbook No. 379 (1970)	20.86	% DW
7	Acid Detergent Fiber	1997	ILLINOIS	FB0008-USDA Agriculture Handbook No. 379 (1970)	23.11	% DW
8	Acid Detergent Fiber	1997	ILLINOIS	FB0008-USDA Agriculture Handbook No. 379 (1970)	24.72	% DW
9	Acid Detergent Fiber	1997	ILLINOIS	FB0008-USDA Agriculture Handbook No. 379 (1970)	26.54	% DW
10	Acid Detergent Fiber	1997	ILLINOIS	FB0008-USDA Agriculture Handbook No. 379 (1970)	30.03	% DW
11	Acid Detergent Fiber	1997	INDIANA	FB0008-USDA Agriculture Handbook No. 379 (1970)	22.16	% DW
12	Acid Detergent Fiber	1997	INDIANA	FB0008-USDA Agriculture Handbook No. 379 (1970)	24.96	% DW
13	Acid Detergent Fiber	1997	INDIANA	FB0008-USDA Agriculture Handbook No. 379 (1970)	25.18	% DW
14	Acid Detergent Fiber	1997	INDIANA	FB0008-USDA Agriculture Handbook No. 379 (1970)	25.51	% DW
15	Acid Detergent Fiber	1997	INDIANA	FB0008-USDA Agriculture Handbook No. 379 (1970)	25.88	% DW
16	Acid Detergent Fiber	1997	INDIANA	FB0008-USDA Agriculture Handbook No. 379 (1970)	26.9	% DW
17	Acid Detergent Fiber	1997	IOWA	FB0008-USDA Agriculture Handbook No. 379 (1970)	22.36	% DW
18	Acid Detergent Fiber	1997	IOWA	FB0008-USDA Agriculture Handbook No. 379 (1970)	23.23	% DW
19	Acid Detergent Fiber	1997	IOWA	FB0008-USDA Agriculture Handbook No. 379 (1970)	23.51	% DW
20	Acid Detergent Fiber	1997	IOWA	FB0008-USDA Agriculture Handbook No. 379 (1970)	23.67	% DW
21	Acid Detergent Fiber	1997	IOWA	FB0008-USDA Agriculture Handbook No. 379 (1970)	24.83	% DW
22	Acid Detergent Fiber	1997	IOWA	FB0008-USDA Agriculture Handbook No. 379 (1970)	25.16	% DW



Next steps for CCDB



New crops, new data providers, new end-users:

Increase awareness (e.g. nutrition sector) Provide guidance to new data providers Seek new collaborations e.g., crop modelers

Improve:

User interface

Upload, search, and report functions



CCDB publications

2004. Ridley et al. Development of the International Life Sciences Institute Crop Composition Database. Journal of Food Composition and Analysis, 17, 423-438

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Final thoughts

Food composition data are foundational for many important scientific, health and policy interventions

Too often food composition data resources are underappreciated and underfunded

There may be opportunities to leverage some efforts to utilize these data across multiple platforms e.g., ILSI CCDB

Key to achieving this is building novel, multi-sectoral partnerships

• May be an opportunity to pool financial resources as well



Acknowledgements

WNNDS

- Whitney Leet and Karin Christianson, ILSI Research Foundation
- StatSilk
- FCDB managers
- Beta testers

ILSI CCDB

- Laurie Bennett and Andrew Roberts, ILSI Research Foundation
- ILSI CCDB Working Group: BASF Plant Science, Bayer CropScience, Canadian Grain Commission, Covance, Dow AgroSciences, DuPont Pioneer, Monsanto, Syngenta, US FDA



